

How You Can Help!

Gather your friends, sewing group, and other enthusiastic people and have a fabulous time making pillow case dresses for girls around the world.

- Start a *sewing group* that meets regularly. Include friends who don't sew as you will need people to help cut and press. Making the dresses assembly line fashion makes the work go quicker.
- Get a local church youth group to canvas the neighborhood for pillowcases, elastic, other trims. Make it a *treasure hunt!*
- *Email your friends* and include the Dress a Girl Flyer to ask for donations--pillowcases, trims, elastic, money, and their time to help.
- Create a *pillowcase dress kit* and ask for sponsors--charge \$15-\$20 to sponsor a kit--one they can sew themselves and return a finished dress, or one that someone else will sew for them.
- Ask a *local youth group*, girl scout troop, boy scout troop to spend some time making the *Prayer Dolls*. Set it up at working stations and provide popcorn and a favorite beverage. Food always makes it more fun.
- Work with a *Senior Citizens center* to have an afternoon of cutting and sewing and/or making the prayer dolls. Senior Centers are always looking for things to keep the residents busy. And the Seniors love making things that are useful to others.
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- Sponsor a *Movie night* at your church and "charge" one pillowcase as the price of admission. Donating 2 pillowcases will get you admission and a bag of popcorn.
- Looking for an *Advent project*? Make a prayer doll one of the projects.
- *Monetary donations* are always welcome. You can make a tax-deductible donation Dress a Girl. We are asking for one dollar with each pillowcase or dress donation. This can be done online. Just go to:

http://www.hope4kidsinternational.org/donation-cart?desig_41263=41263&amount_41263=20

Or you can send a check to:

Hope 4 Kids International (*put Dress a girl in the memo*)
P.O. Box 74010
Phoenix, AZ 85087

Please send the dresses, pillowcases and/or supplies to:
Hope 4 women International
34975 N Valley Parkway
Bldg 1 Unit 102/104
Phoenix, AZ 85086

Got any *other ideas*?
[Contact Us.](#)