



HOPE 4 WOMEN INTERNATIONAL

Hope 4 Women International is a 501 (c) 3 Organization

Whoever is kind to the **poor** lends to the Lord, and he will reward them for what they have done. Proverbs 19:17



March 2026.

- 1) International Women's Day
- 2) Women Sponsorship
- 3) What You do matters
- 4) New Ambassadors
- 5) Rachel Available for Speaking
- 6) Looking Ahead!



Hope 4 Women International Dress a Girl Around the World! International Women's Day!

International Women's Day was first introduced in 1909 when 15,000 women protested long work hours, low pay and lack of voting rights in New York City. Originally it was National Women's Day but as it spread across the world it became officially celebrated in 1911 and although it's not an official holiday in the US, in many countries it actually is.

Hope 4 Women International has been promoting dignity for women since we began in 2008. We sponsor women in Uganda bringing hope, health, dignity and the love of Jesus through our women in business program.

Through our Dress a Girl Around the World program we not only bring health, hope, dignity and love to girls around the world but to all the women who make dresses for our girls we say you are loved! You are valued! The Creator of the Universe sees you and loves you right where you are!

We strive to unite women across all cultures and diverse backgrounds by bringing them together for a common cause. Raising up the dignity of women around the world. No longer to be treated as possessions but as beautiful daughters of the Most High!

Let's celebrate this month by recognizing that our Heavenly Father sees us, loves us and cares for us when sometimes it seems that no one else does.

If you'd like to give the gift of hope this month to a woman or a girl in need please donate to H4WI. The links to give are on the last page!!

WOMEN SPONSORSHIP!!

Mary never had the opportunity to attend school because her parents didn't believe girls needed to be educated. She married a peasant and they had nine children. Mary, now a widow has not been able to start up a business as she lacks capital to do so. Her dream is to raise farm animals to sell. This she believes will change her destiny and we do too!

If you'd like to sponsor Mary and help change her destiny please contact lisa@h4wi.org



Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27

For \$36 a month for one year you can sponsor Mary or another woman in need.

Please contact Lisa@h4wi.org to sign up!

Sponsor a Woman!



Sponsored Woman's Name (if known) _____

Ministry Name (if known) _____

Rescue a woman from the grips of poverty and change her destiny!

Your tax-deductible one year commitment of \$36 a month will enroll a woman in our woman in business program in Uganda. At the end of one year she will graduate with a business of her own!

Contact Information:

Full Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip _____ Phone: _____

_____ Email: _____

Payment Information:

Please select your payment option below:

! Annual  payment of \$432 by credit card, debit card or check

 Automatic debit or credit card monthly payment of \$36

Debit or Credit Card Number: _____ CVV# _____

! ! Expiration Date: _____ Amount \$ _____

Name of card holder: _____

Signature of card holder: _____

Thank you for bringing the promise of God's hope to the life of a woman!

Hope 4 Women International: PO Box 14, Forest City, IA 50436
website: www.h4wi.org !!! Contact: Lisa@h4wi.org

HOPE 4 WOMEN/DRESS A GIRL WHAT YOU DO MATTERS!

Dear Sweet Volunteers of Dress A Girl Southwest Missouri,

I just want to take a few moments and say thank you for what you do! I am a missionary living in Kenya for the last 9 years. Our family runs a mission consisting of a children's home (120 kids), a free Christian school (280 students), and a church (400+ attending weekly). Multiple times now we have been blessed to receive dress a girl dresses and shorts from y'all. I believe we were connected to DAGSM by Judy or Tanya Eaton, it is always someone from the Eaton family that brings these blessings to us. We have given away hundreds of dresses over the last 7 years and we always include a Bible tract, mostly these dresses are passed out through our church and we usually include shoes as well.

I just wanted to share some of the impact sewing these sweet little items has thousands of miles away from y'all. Children in our area (Western Kenya) typically come last and our area has the highest poverty rate in our county. The majority of the families around us live in extreme poverty (living off of less than \$2 a day for the whole family), the whole family goes without a lot of things that we (Americans) would consider basic needs, but the children typically have it the hardest because often they come very last in the family. These dresses/shorts and underwear are such a blessing to these precious children. Because we are blessed to live here full time we are often able to see these beautifully sewn items again and again.

I know it can be easy to start to doubt if sewing a dress is even impactful, or if cutting out pockets even matters, if tracing all these patterns is worth it, or if dulling your scissors with all the cutting has purpose. I just wanted to share that it does matter, it is worth it, these dresses and shorts have purpose, and it is definitely impactful. Each item is filling a gap, a gap that most Americans cannot even begin to understand. It also brings JOY to these children...something just for them, something they need, something they did not beg for, something they did not work for, something that they can feel good in and proud to have. This also lifts a burden from each family, many times we have multiple children from the same family getting these needs...imagine being a Mama, not being able to provide enough clothes for your children, and then they show up with new clothes including underwear. I know it is so easy to think this is "just a dress or shorts", but truly it is much more than that because the need is so great here. I know that you cannot understand the needs here unless you visit often and not everyone can do that which is why I wanted to share some of these details with y'all.

So thank you from the bottom of my heart for providing some basic needs and JOY to our kids, students, and to those in our village whom we serve. Thank you for giving of your time, your money, your resources, and asking others to stand with you and do the same. It matters...all of it, even when it feels small and insignificant to you, just know that thousands of miles away, in a completely different world it matters to a struggling child, a family unit, and a missionary family from Texas more than you can ever really know. 💜

Thank you for using your gifts to love others
Stephanie

Co-Director of Mercy Ministries
mercyministries.ngo



NEW AMBASSADORS IN KANSAS CITY METRO! JANET & TERESA!

Please welcome our new ambassadors, Janet and Teresa! They are excited to be ambassadors and are already making a huge difference in their area. I love that we not only change the lives of the girls we sew for but God, through this program, also changes us! Welcome Janet and Teresa! We look forward to what God does through you!



Teresa



Janet

My name is Janet. After my husband died in 2019, my life changed dramatically. I retired and moved from our lake community to the KC Metro area. I basically flunked retirement and needed to find a purpose in life. My sister told me about an organization called Dress a Girl Southwest Missouri and I was hooked.

Shortly after that, Teresa answered an ad that I had on Marketplace and we discussed Dress a Girl Around the World. The Cassville group was meeting in her old church and she knew all about the group. She was also looking for a purpose.

We decided there were enough women in the KC Metro area that loved sewing that we could start a group here and it has multiplied from there. God has blessed us with what we needed when we needed it.

We are hoping, in our long-term goals for our group, to teach young women to sew while making our dresses or shorts and, God willing, they will have the opportunity to place the dress they make over a little girl's head on a mission trip. We want our dresses and shorts to be living proof of a loving God to a watching world, one dress/shorts at a time.

Contact Information:

Janet DressaGirlKC@gmail.com NM01880@gmail.com

Teresa DressaGirlKC@gmail.com tkjmunday@msn.com

Rachel is available to speak at your events

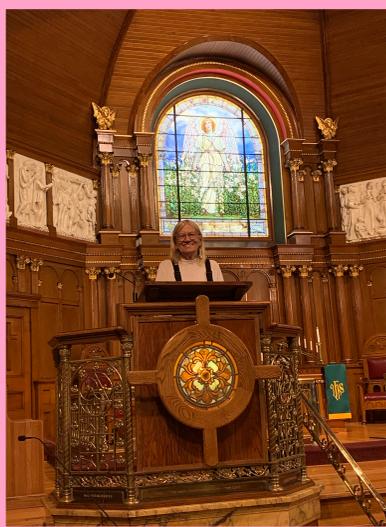
Rachel Eggum Cinader, founding president of Hope 4 Women International, an organization that empowers women who are suffering from poverty, disease and low self-worth to become self-sufficient with businesses of their own and to raise their dignity through sponsorship, conferences, day spas and celebrating women.

Rachel founded the “Dress a Girl Around the World” program and volunteer sewing groups have burst forth across the United States and other countries such as Canada, the Philippines, Hong Kong, Australia, and the UK to make dresses. Hope 4 Women distributes the dresses through mission teams as well as other organizations traveling around the world. Since its birth in October of 2009 more than five million dresses have been distributed to 90 countries, including the USA.

Rachel lives on a acreage near Leland, Iowa with her dog, cats and her husband, Robert. She also serves as a lay pastor and loves getting to know people and their stories.

As a popular speaker in churches, women’s groups, conferences, retreats and more, Rachel will move you to laughter and tears as she combines hardships and joy. She will encourage you to step outside your comfort zone to make a difference in the world around you.

For information about booking Rachel as a speaker, email jordan@h4wi.org



LOOKING AHEAD!

It's not too soon to start planning our 2027 Hope 4 Women/Dress a Girl trip to Uganda!

We will be experiencing the culture! Sewing with local women! Dressing Girls! Hosting spa days! Mingling with our sisters in Uganda! This will be an experience of a lifetime! Please email me rachel@h4wi.org if you are interested in going and we will start the process!



Dress a Girl is also on TikTok showing videos of people around the world distributing dresses and some fun Dress a Girl Family videos as well. If you have a DAG video to show off on our TikTok page please email it to rachel@h4wi.org https://www.tiktok.com/@dressagirlaroundtheworld?_t=8sheFwVaM62&_r=1

Please like us on Facebook!
Official Page for Dress a Girl Around the World
And
Hope 4 Women International
We're on Instagram too!

Thank you for your continued support!

If you'd like to make a tax-deductible financial gift, allowing us to continue reaching our world, we'd appreciate it so very much!

Please mail a check to:
Hope 4 Women International
PO Box 14
Forest City, IA 50436



Or: <https://>

www.dressagirlaroundtheworld.com/general-4

We also accept Zelle payments

Or Donate through Venmo @H4WIDAG