Hope 4 Women International/Dress a Girl Around the World!

MOVEMBER 2026

1) Give Thanks!

2) Women Sponsorship!

3) One Dress at a Time

4) Sewing

5) Honduras!

6) Final Thoughts



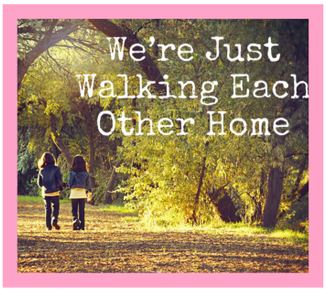
Thankful! Grateful!

As we approach Thanksgiving, I do so with a grateful heart. I'm so grateful, first of all to our Lord and Savior for bringing us this far. For HIs promise to be with us each step of the way. For many of us, this has been a tough year. We've lost loved ones, suffered financial hardships, health issues and many heartaches.

Gratitude is not an emotional reaction to a trouble-free life; it is a deliberate spiritual stance. When the ground shakes beneath us, thankfulness acts as an anchor—reminding us that God is still good, still present, and still at work.

I'm extremely grateful for you! Without you, this organization would not survive. Your passion for making dresses and bringing dignity to girls around the world is unmatched! Your love for the women of Uganda and supporting them through business opportunities, sewing machines and encouragement in their times of need and despair. Your financial support of H4WI/Dress a Girl Around the World keeps this mission going.

Thank you for the part you play in this ministry. We are all in this together! When we join our hearts and work together—we're really just walking each other home.



Lord, teach us to see Your fingerprints in the ordinary and Your faithfulness in the hard moments. Guard our lips from grumbling and fill our hearts with a steady, quiet praise. Amen

WOMEN SPONSORSHIP!!

Edith Mukimba was forced to drop out of school in primary 6 because her parents lacked school fees. She has four children and lacks start up fees for a business. Once she is sponsored she wants to sell clothing. She is believing God for a life changing opportunity! Please contact Lisa@h4wi.org to sponsor her!



Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27For $36 a month for one year you can sponsor Edith or another woman in need.

Sponsor a Woman!



*Sponsored Woman's Name (if known)*_____

Ministry Name (if known) _____

Rescue a woman from the grips of poverty and change her destiny!

Your tax-deductible one year commitment of $36 a month will enroll a woman in our woman in business program in Uganda. At the end of one year she will graduate with a business of her own!

Contact Information:

Full Name: _____Date: _____

Address: _____

City: _____ State: _____ Zip_____ Phone:

_____ Email: _____

Payment Information:

Please select your payment option below:

! !Annual ☆ payment of $432 by credit card, debit card or check

☆ Automatic debit or credit card monthly payment of $36

Debit or Credit Card Number: _____ CVV#_____

! ! Expiration Date: _____ Amount $_____

Name of card holder: _____

Signature of card holder: _____

Thank you for bringing the promise of God's hope to the life of a woman!

Hope 4 Women International: PO Box 14, Forest City, IA 50436
website: www.h4wi.org !! ! ! Contact: Lisa@h4wi.org

MAKING A DIFFERENCE! ONE DRESS AT A TIME!

Robert and I had the privilege of meeting our dear friends Nancy and Gary for a few days along the Mississippi. Nancy presented me with her 2,000th dress!







We had a Dress a Girl serve day outside our RV's! It was so fun to cut out patterns and sew overlooking the Mississippi

Nancy made a teen dress!







We also joined our family at our great niece, Tara's wedding. What a joy to catch up and witness such a beautiful ceremony with God at the center!









SEWING FOR DRESS A GIRL CAN IMPROVE YOUR LIFE!

A long running study from the University of Helsinki found that women who regularly engage in traditional "grandma hobbies" such as knitting, sewing, crocheting and gardening tend to live up to eight years longer on average. These activities help calm the nervous system by lowering stress and promoting a meditative, focused state through repetitive movement.

- They also build confidence by creating a sense of purpose, routine, and visible accomplishment.
- Mentally, such hobbies keep the brain active, supporting memory, attention, and cognitive flexibility as women age.

Together these effects show that simple, creative pastimes can be deeply therapeutic, emotionally grounding and beneficial for long term health.







Thank you for continuing to support the women of Uganda with sewing machines!

You are bringing Joy, Dignity, Health and God's love!



Honduras Mission!



Pastor Patricia Mejía from Comunidad Cristiana Hosanna Houston, Texas, carried 154 dresses to Honduras. There she partnered with other pastors and locals to distribute dresses to girls in need.
She said:
"In each place, we share the love and Good News of Salvation through Jesus Christ to the girls and their families, we, also, included sex trafficking awareness.
hey all received the love of Jesus, they all were very joyful and thankful with the dresses, and they all said that awareness about sex trafficking was very important because not always people teach about it.
Thank you, again, for the opportunity of partnering with Hope 4Women International. "

Thank you Pastor Patricia and your team for caring about the precious girls in Honduras. Here are a few pictures of the girls in their beautiful dresses! Thank you to the people who took such great care in constructing God's best dresses! Together, we are the hands and feet of Jesus!













FINAL THOUGHTS

My prayer for you this month is that you will find much for which to be grateful! That you will draw closer to Jesus and know that He walks with you!

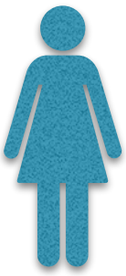
We are never left to walk through the dark alone.

He promised the gift of the Holy Spirit—the Counselor—to live inside us, teach us, and remind us that our troubles do not define us or have the final word.

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Please like us on Facebook! Official Page for Dress a Girl Around the World

If you'd like to make a tax-deductible financial gift, allowing us to continue reaching our world, we'd appreciate it so very much! San a code to donate now







Or Pease mail a check to:
Hope 4 Women International
PO Box 14
Forest City, IA 50436