



# HOPE 4 WOMEN INTERNATIONAL



Hope 4 Women International is a 501 (c) 3 Organization

Whoever is kind to the **poor** lends to the Lord, and he will reward them for what they have done. Proverbs 19:17

October 2023!

- 1) Fourteen Years!
- 2) Women Sponsorship
- 3) Seamstress/Author
- 4) Mari Sews
- 5) Recipe
- 6) Convention 2024



## Hope 4 Women International

### Dress a Girl is Fourteen Years Old! October 11th is International Day of the Girl Child!

In 2009 when my sister Joan and I took pillowcases to Uganda to teach women to make dresses from pillowcases we had no idea of what God was going to do. Pictured above are the very first dresses made from those pillowcases. The goal was to teach women in Uganda to make dresses for their daughters, nieces and granddaughters.

In October, 2009 we sent an experimental box of fifty dresses with a group traveling to Honduras. When we received pictures back we were all hooked! I said: "We must be Dress a Girl Around the World!" I threw up a website and God took over! Since then we have ambassadors making and distributing dresses all over the world and have recorded over 3,000,000 dresses to over 90 countries!!!

I personally have had the privilege of physically dressing girls in Uganda, Rwanda, Guatemala, Chile, Peru, Romania, Fiji, Jordan, Cambodia, India, Haiti, The Philippines, and throughout the USA.

Thank you to everyone who has made dresses, distributed dresses and contributed to this ministry through prayer and finances! Together we are dressing the world!



# WOMEN SPONSORSHIP!!

Annet was forced to drop out of school because she lacked school fees. She married and they have five children. Due to limited income Annet has no funds to start up a business. Her prayer is that when she is sponsored she will start up a retail shop. Her dream is to run her business, buy basic necessities for her family and save money for family emergencies and most importantly—pay for her children’s education!



Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27

For \$36 a month for one year you can sponsor Annet or another woman in need.

Please contact [Lisa@h4wi.org](mailto:Lisa@h4wi.org) to sign up! today!

## Sponsor a Woman!



Sponsored Woman’s Name (if known) \_\_\_\_\_  
Ministry Name (if known) \_\_\_\_\_

### Rescue a woman from the grips of poverty and change her destiny!

Your tax-deductible one year commitment of \$36 a month will enroll a woman in our woman in business program in Uganda or the Philippines. At the end of one year she will graduate with a business of her own!

#### Contact Information:

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

#### Payment Information:

Please select your payment option below:

- ★ Annual payment of \$432 by credit card, debit card or check
- ★ Automatic debit or credit card monthly payment of \$36

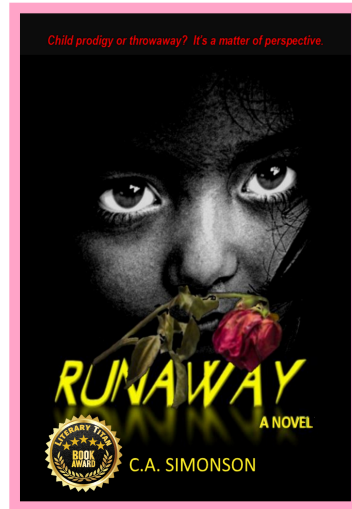
Debit or Credit Card Number: \_\_\_\_\_ CVV# \_\_\_\_\_  
Expiration Date: \_\_\_\_\_ Amount \$ \_\_\_\_\_  
Name of card holder: \_\_\_\_\_  
Signature of card holder: \_\_\_\_\_

**Thank you for bringing the promise of God’s hope to the life of a woman!**

Hope 4 Women International: PO Box 14, Forest City, IA 50436  
website: [www.h4wi.org](http://www.h4wi.org) Contact: [Lisa@h4wi.org](mailto:Lisa@h4wi.org)  
[Rachel@h4wi.org](mailto:Rachel@h4wi.org)



# DRESS A GIRL SEAMSTRESS/AUTHOR!



Award winning author C.A. Simonson sews for Dress a Girl in her spare time. She states: “ I got involved after first seeing the movie, Sound of Freedom. It left me with the feeling of 'I've got to - want to - do something, but what can I do?'

Soon afterward, our church had a senior citizens meeting where missionaries John and Judy Hiede (50 Plus Ministries/SW Missouri) told about their involvement in Dress a Girl. They showed a dress made from a man's shirt and how easy it was to become involved. Right then and there I knew what I could do. I was given an assignment: I could sew. I love to sew. I looked up the [dressagirlaroundtheworld.com](http://dressagirlaroundtheworld.com) site and found the information for my SW Missouri ambassador and contacted her, Sue Cavness.

And that's how it started. She sent me kits around the first of August. Since then, I've made 20 dresses and 10 pairs of shorts - with many more to come. It's been a great inspiration and a good feeling of accomplishment --plus feeling like I'm actually 'doing something' to help these little girls feel worth - maybe even empowerment.

Of her book, *Candy tells me*: “This book actually came from a dream. Then, the more I researched, it compelled me to write Rosie's story and tell how one girl's life can be changed through compassion and the love of God. Although this was fiction, it speaks of so many girls' lives in our world.”

I ordered Candy's book and enjoyed it so much I thought you may want to read it as well.

Here's the synopsis: Unwanted. Unloved. Broken and scarred. "No man wants a cripple," she was told, "and you're damaged goods." But she never dreamed she'd be thrown away. There was only one thing she could do..."Runaway" is a fictional account that captures the plight of runaways, child abuse, and foster care in America. It's a message of hope and faith when all else seems lost. A throwaway to one, a child prodigy to another - it's all in the perspective.

You can find **Runaway** at Amazon, Walmart, and Barnes & Noble!

Thank you Candy for your talent and for dressing girls around the world. I look forward to what God has planned for the future!

# PROJECT DRESS A GIRL 2023!

## What is Project Dress A Girl?

It is a sewing charity event created by Mari Sews that is designed for sewists to use their skills to give back. This event runs the entire month of September. The goal is to dress as many girls as possible that are living in extreme poverty around the world. Last year 2,363 dresses were donated. That's 2,363 girls! Some of whom have never owned a new garment of their own. We're giving them dignity and showing them that they matter.

The word is being spread by many amazing YouTubers who will share their dresses, tips and tricks. Just search YouTube for #ProjectDressAGirl2023 for all the amazing videos. This year Thoughtful Creativity designed a free pattern for this event.

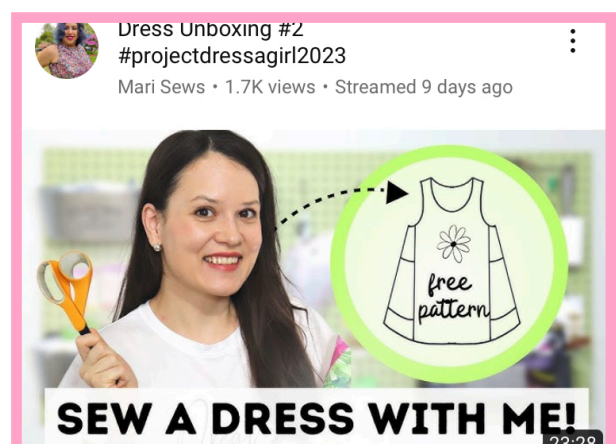
People all over the world have participated during the month of September and we are anticipating huge numbers of dresses as they have been flooding Mari's post office as well as ambassadors around the world!

Learn More! <https://inspiredleatherco.com/blogs/news/project-dress-a-girl-2023>

Here are amazing Youtube videos that played all month long!!! Be inspired!



[https://www.youtube.com/results?search\\_query=project+dress+a+girl+2023](https://www.youtube.com/results?search_query=project+dress+a+girl+2023)





# ANGEL FOOD/CHEESECAKE RECIPE!



## INGREDIENTS:

1 Angel food Cake—cooled and cut into three layers

1 tub of cheese cake no bake filling (Walmart has the lowest price)

Fruit—strawberries, raspberries, blueberries, etc.

1 Tub cool whip

## Assemble:

Cover the bottom layer of cake with cheesecake filling.

Add fruit of your choice. I used sliced strawberries and blueberries.

Place the middle layer next and repeat the process.

Mix the remaining cheesecake filling and the tub of cool whip.

Place the top layer and cover the entire cake with the cool whip/cheesecake mixture. Add fruit and enjoy!

I must warn you that if you are serving this to guests you should have a second one made and handy in your refrigerator because this cake goes quickly.

# 2024 CONVENTION!!

**Convention 2024 to be Held in Forest City, Iowa!**

**October 3-6th, 2024!**

**Flourish With a Purpose!**

**Celebrating 15 years of Dress a Girl!**

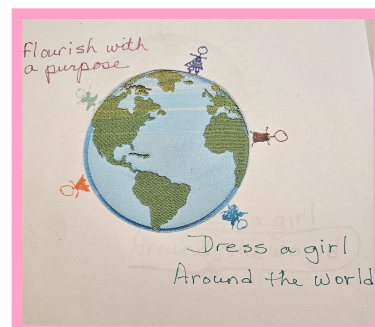
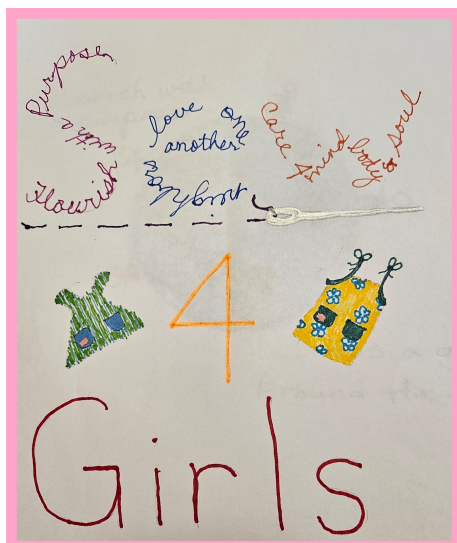
We're gearing up for next year's convention! Don't forget there is a contest for the person who designs the best convention t-shirt! Send your design ideas to [jordan@h4wi.org](mailto:jordan@h4wi.org)!

Here are a couple of submissions so far! Flourish with a Purpose!

Celebrating 15 years! You get the idea! I'm looking forward to seeing more design ideas!

“But I have raised you up for this very purpose, that I might show you My power and that My Name might be proclaimed in all the earth!” Exodus 9:16 NIV

Jordan received these ideas from Kathleen this month:



**Please like us on Facebook!**

**Official Page for Dress a Girl Around the World**

And

**Hope 4 Women International**

Thank you for your continued support!

**If you'd like to make a financial gift, allowing us to continue reaching our world, we'd appreciate it so very much!**

Please mail a check to:

**Hope 4 Women International**

**PO Box 14**

**Forest City, IA 50436**

OR <https://www.dressagirlaroundtheworld.com/donate>

Or Donate through Venmo @H4WIDAG